



## Baseball and Softball club



# Freshers Info Pack 2020/21

# About the club

If you are looking to be part of a friendly and fun sports team welcoming all abilities, you are in the right place! You don't need any experience to join our team, but if you've played before then great! Many of our members are total novices but you'll pick it up quickly with our coaching and game opportunities. Baseball and Softball are one of the fastest growing sports in the UK and will even be featured in the 2021 Tokyo Olympics. Every year we enter the University Nationals competitions for both softball and baseball as well as play baseball and indoor softball leagues against other universities throughout the year. As of 2020, we are officially part of BUCS! (commencing in January 2021). We are hoping to secure friendly baseball and softball games against other universities in the coming term.

Training is every Wednesday and Saturday afternoons at Wide Lane 13:30-16:00pm\*. All the equipment you'll need is provided by the society including gloves and bats. We play both baseball and softball. The softball is mixed requiring 5 men and 5 women on a team and baseball is also open to all. The team is not just about sport, we also host weekly socials with a variety of themes and activities so there's always something for everyone to join in on.

Membership is £20 for Semester 1 and is purchasable through the SUSU website (you don't need a membership to come to taster sessions and try it out).

\*Training times and location may change based on bad weather or changes to the government guidelines relating to the COVID-19 outbreak.





## **Taster sessions**

Taster sessions are taking place on Saturday 3<sup>rd</sup> October at Wide Lane Sports Ground at 11am-1pm and 2-4pm. Please sign up for the session below

### **11am-1pm sign up:**

[https://docs.google.com/forms/d/17VXec-TWD\\_n3Z7PScUpff2gHhmBENIsGXMi0Ihx5Wvc/edit?usp=sharing](https://docs.google.com/forms/d/17VXec-TWD_n3Z7PScUpff2gHhmBENIsGXMi0Ihx5Wvc/edit?usp=sharing)



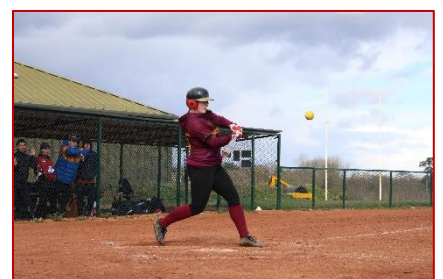
### **2pm-4pm sign up:**

[https://docs.google.com/forms/d/1azeezbNZ1\\_lucgcwARu7NVprA6zdp9kdq\\_Yn5TmGUtA/edit?usp=sharing](https://docs.google.com/forms/d/1azeezbNZ1_lucgcwARu7NVprA6zdp9kdq_Yn5TmGUtA/edit?usp=sharing)



Wear sports clothes and shoes that can get muddy, preferably studs or football boots if you have them. All other equipment will be provided. Please wear a mask if taking public transport. We have a max capacity of 25 people per session to allow for social distancing so if the sign-up forms are closed the session has reached capacity.

If you can't make it to our taster sessions, get in contact with us on our social media and we can arrange another time for you to come and get involved!



**TO GET TO WIDE LANE:** take the U1A unlink bus and get off at Southampton airport parkway station, cross over the bridge over the railway, walk out the station, cross the road and take the pedestrian path through into Wide Lane sports ground. Walk to the left corner of the left-hand car park next to the tennis courts. Take the gravel/dirt track that runs round the site and under the underpass. Once under the underpass you will see the pavilion where we will be waiting for you!



## **Meet and Greets**

We have an in person Meet and Greet on **Wednesday 30<sup>th</sup> October at 11-11:45am** in the **Team Southampton Sports Hall (building 42)**, book onto the session here:

<https://www.susu.org/opportunities/meet-and-greet>

We also have an online Meet and Greet session on **Thursday 1<sup>st</sup> October, 2-4pm** on **Microsoft teams**, join the meeting here:

[Join Microsoft Teams Meeting](#)

**Please come along to ask us any questions you may have and get to know us a little better!**



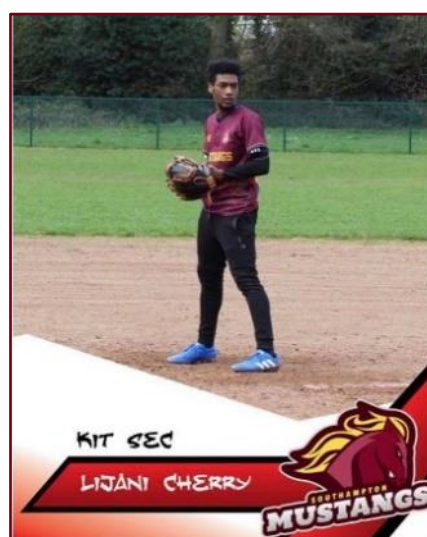
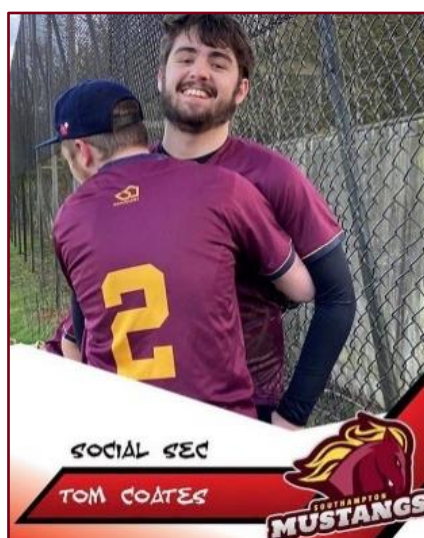
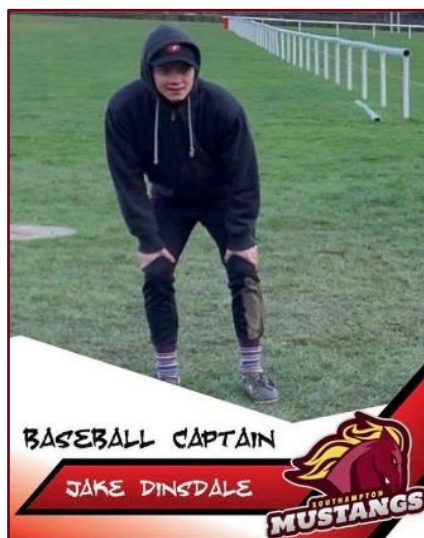
In person Meet and Greet  
sign up



Online Meet and Greet  
meeting link



# Committee Members



# Our Covid-19 safety measures

The safety of the team during training sessions and other club activities is always a priority for us and so we have a set of safety precautions we ask participating students to follow:

## **BEFORE TRAINING**

If you are feeling unwell or any symptoms including:

- A new and continuous cough
- A fever
- Loss of taste or smell

Please **DO NOT** attend training and get a test

### **TRACK AND TRACE**

At the start of the session you will be asked for your name and contact details for track and trace purposes. Your details will be kept for three weeks then deleted in accordance with GDPR.

Please change at home, changing rooms will not be available.

Wash your hands and sanitise before training starts

Bring a mask in case you need to enter a building i.e to go to the toilet

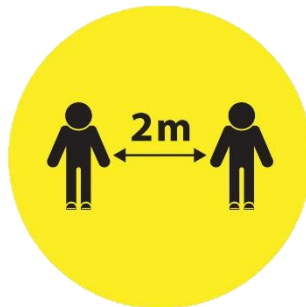
If you have your own equipment i.e glove/bat/helmet, please bring it for your personal use

Try not to arrive more than 15 mins before training. No spectators will be permitted as our training size is limited to 30 people.

When taking public transport to training please adhere to government guidelines such as wearing face coverings. Avoid public transport if possible.

## **DURING TRAINING**

Try to keep face to face interactions during a game/drill as short as possible.



Where possible, **remain socially distant** with people from outside your household.

### **GLOVES**

Everyone will be assigned a glove which they will use at all trainings. For taster sessions, we ask that players wear disposable gloves (provided) under their glove.



### **BAT HANDLING**

When in game, if you fail to get on base, take the bat over to be disinfected. If you do get on base, the 'on deck' batter should pick up the bat **BY THE BARREL** and take it to be disinfected.

### **HELMETS**

We have enough helmets that nobody should have to share a helmet in a single session. If this does need to happen, we will try to make it so helmets are shared by those in the same household.



### **BALL HANDLING**

Balls will be disinfected between drills, before and after training and after tag plays.

A full copy of our COVID-19 risk assessment can be found under the documents tab here: <https://www.susu.org/groups/baseball>

Please get in contact if you have any questions or queries!



## FOLLOW US AND GET UPDATES ON OUR SOCIAL MEDIA

Or email Dan (president) at: [dag2g17@soton.ac.uk](mailto:dag2g17@soton.ac.uk)



GROUP



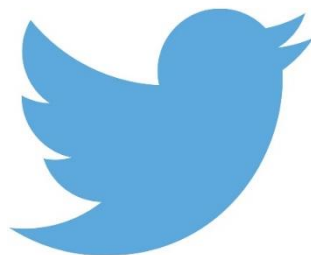
PAGE



Southampton University Mustangs Baseball and Softball Club



@su.mustangs



@SotonUMustangs

