

set apart," or "separated."

But what happens when social life becomes virtual and everyone interacts through screens? Everything collapses into an undifferentiated blur. There is no consensual space—at least not any kind that feels real to human minds that evolved to navigate the three dimensions of planet Earth. In the virtual world, there is no daily, weekly, or annual calendar that structures when people can and cannot do things. Nothing ever closes, so everyone acts on their own schedule.<sup>4</sup>

In short, there is no consensual structuring of time, space, or objects around which people can use their ancient programming for sacredness to create religious or quasi-religious communities. Everything is out of

P. 204- I found these pages extremely enlightening. With our shift to virtual interactions, we leave less space for physical gatherings and timelines, which can lead to mental health decline. Being together for religious events, sporting events, celebrations, etc lead to feelings of belonging and happiness. Technology can cause humans to withdraw from these events. Phones are never "closed" leaving no structured downtime. We are always either attached to technology or have access to it. It was mentioned in another part of the book that children performed worse when their phones were near them- Yikes!